### Do not underestimate the impacts of sexual harassment

Victims of sexual harassment can suffer anxiety, depression, headaches, sleep disorders, lowered self-esteem and other harms

Sexual violence occurs where sexual harassment is permitted

## **The Consequences of Sexual Violence**

#### **Physical**

- Pregnancy
- Chronic pain
- Gastrointestinal disorders
- Gynaecological complications
- Frequent headaches
- Sexually transmitted infections
- Cervical cancer

#### Social

Strained relationships with family, friends, and partners, Less frequent contact with friends and relatives, Lower likelihood of marriage Isolation

# Immediate psychological consequences include the following

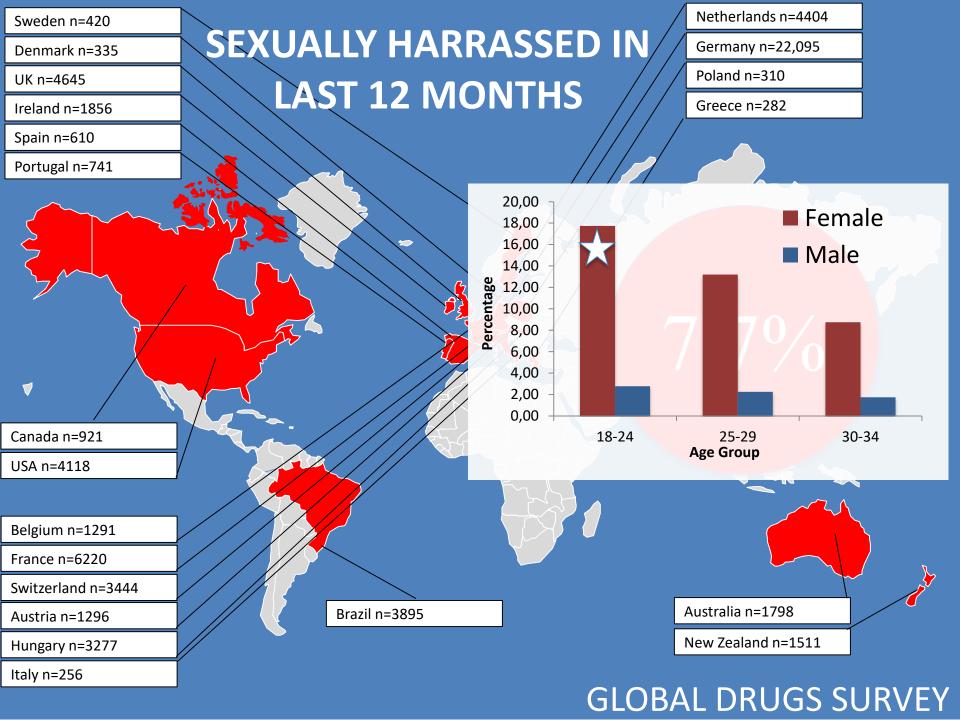
Shock, **Denial, Fear, Confusion**, **Anxiety,** Withdrawal, Guilt, Nervousness, Distrust, Sleep disturbances, **Flashbacks and Replay** 

# Chronic psychological consequences include the following

**Depression, completed suicide**, Diminished interest in sex, **low self-esteem/self-blame** 

#### **Behaviour Change**

Engaging in high-risk sexual behaviour, using harmful substances (cigarettes, drugs, excessive drinking) Unhealthy diet (Fasting, vomiting, overeating, delinquency and criminal behaviour; avoiding healthy behaviours (e.g.



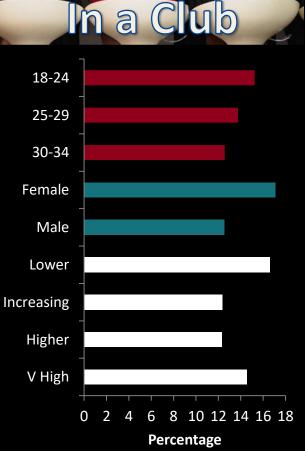
## Feel unsafe or Very unsafe

14.4%

# Going Out

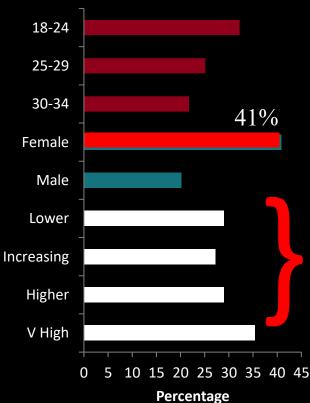
6.2%

18-24 25-29 Age 30-34 Female Sex Male Lower Drinking Increasing Higher V High 9 Percentage



## **Going Home**

28.6%





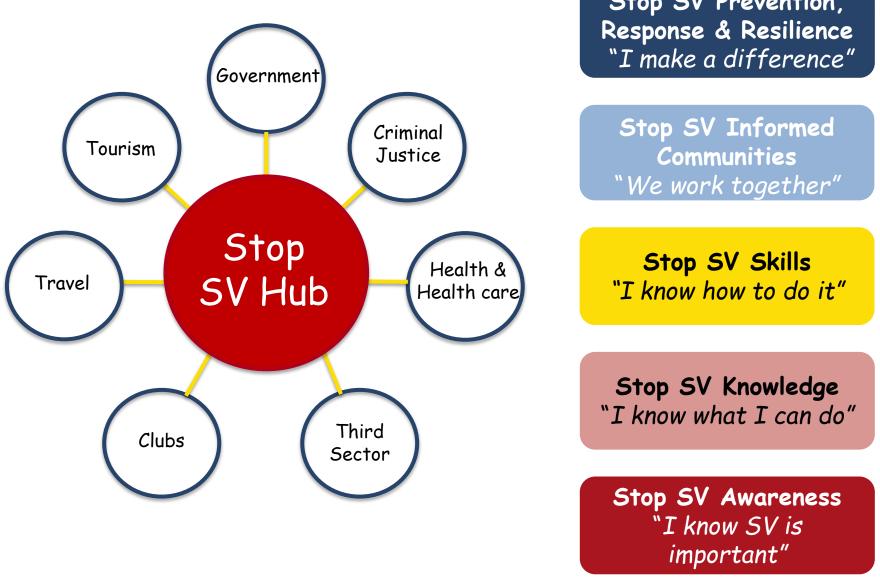
# Sexual harassment is 'normal' in clubs, but are things about to change?

Popular London clubs and the University of London students' union sign pledge to tackle sexual harassment



New campaign aims to tackle harassment in clubs. Photograph: The Guardian

# Stop Sexual Violence Hub



Stop SV Prevention,

- Sharing information and knowledge about sexual violence, listening and working together with government, night life providers, health, tourism and local communities, to find solutions that will work.
  - Sharing evidence about what organisations can do differently to help prevent sexual violence and what to do if it happens.
- Developing knowledge and skills among professionals, providing training for them to drive change.
  - Facilitating learning from each other, and sharing information that leads to action.
- Driving change by challenging established ways of working

## Nightlife is Changing

# Types of Destination?

Those that **make** things happen Those that **watch** things happen and Those who **wondered** what just happened

# stop • SV



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